

Trends in HIV testing, prevalence among first-time testers, and incidence in most-at-risk populations in Spain: the EPI-VIH Study, 2000 to 2009

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During 2000 to 2009, data on people undergoing HIV testing and on those newly diagnosed with HIV were collected in a network of 20 Spanish clinics specialising in sexually transmitted infections and/or HIV testing and counselling. The number of tests performed, overall and disaggregated by different variables, was obtained. HIV prevalence among first-time testers and HIV incidence among repeat testers were calculated. To evaluate trends, joinpoint regression models were fitted. In total, 236,939 HIV tests were performed for 165,745 individuals. Overall HIV prevalence among persons seeking HIV testing was 2.5% (95% CI: 2.4 to 2.6). Prevalence was highest in male sex workers who had sex with other men (19.0% (95% CI: 16.7 to 21.4)) and was lowest in female sex workers (0.8% (95% CI: 0.7 to 0.9)). Significant trends in prevalence were observed in men who have sex with men (MSM) (increasing) and heterosexual individuals (decreasing). The incidence analysis included 30,679 persons, 64,104 person-years (py) of follow-up and 642

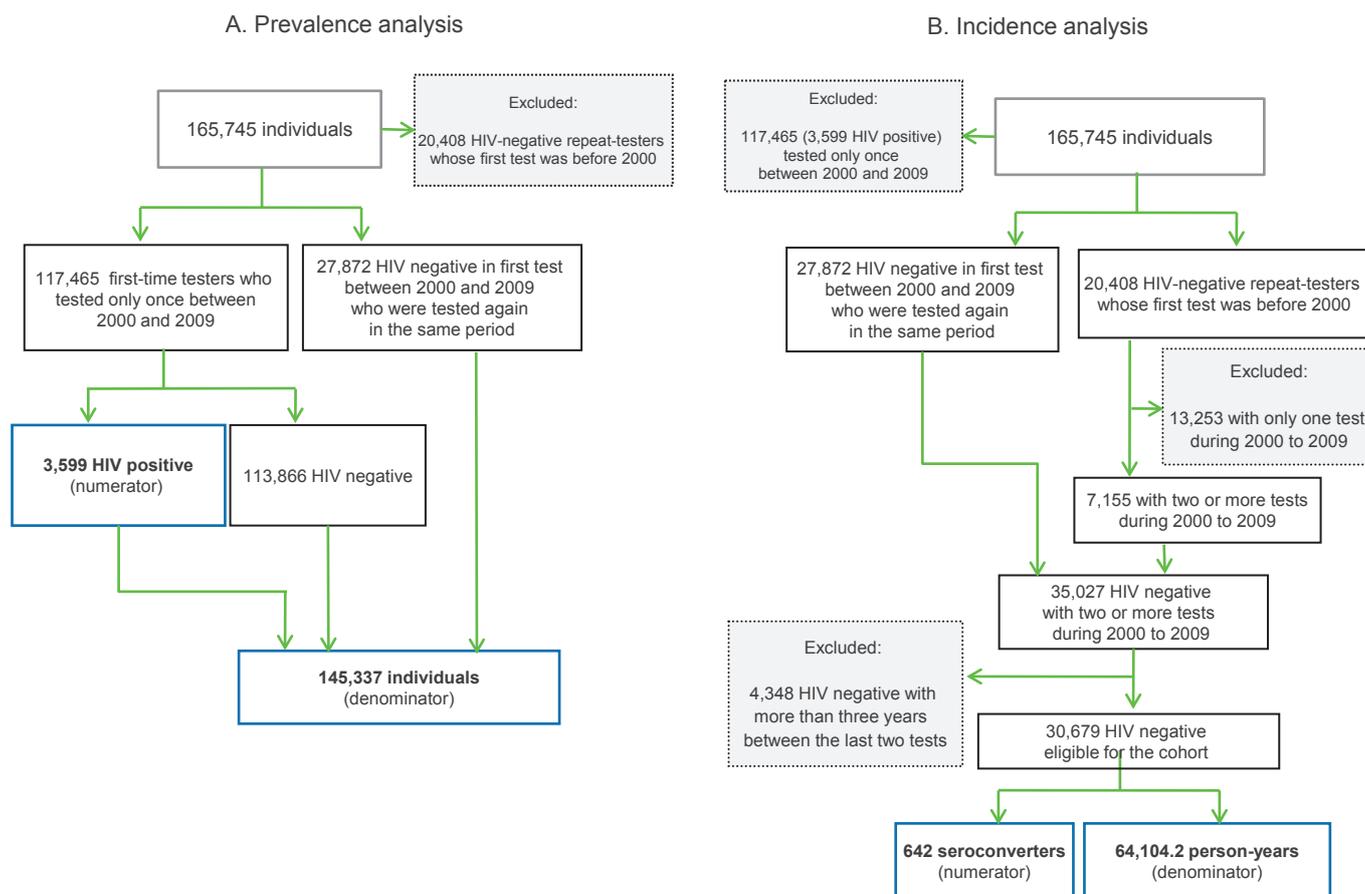
seroconversions. The overall incidence rate (IR) was 1.0/100 py (95% CI: 0.9/100 to 1.1/100). Incidence was significantly higher in men and transgender females than in women (1.8/100 py (95% CI: 1.6 to 1.9), 1.2/100 py (95% CI: 0.5 to 2.8) and 0.1/100 py (95% CI: 0.09 to 0.2) respectively) and increased with age until 35–39 years. IRs in MSM and people who inject drugs were significantly greater than in heterosexual individuals (2.5/100 py (95% CI: 2.3 to 2.7), 1.6/100 py (95% CI: 1.1 to 2.2) and 0.1/100 py (95% CI: 0.09 to 0.2) respectively), and an upward trend was observed in MSM. Our results call for HIV prevention to be reinforced in MSM and transgender women in Spain.

Introduction

During the 1980s and 90s, Spain had the highest AIDS incidence in western Europe (with a peak of 184 cases per million population in 1994), and HIV transmission was attributed in most cases to the use of contaminated material (injection equipment and substance injected)

FIGURE 1

Flowchart of inclusion of persons undergoing HIV testing in prevalence and incidence analyses, EPI-VIH Study, Spain, 2000–09



by people who inject drugs (PWID) [1]. Widespread dissemination of highly active antiretroviral therapy (HAART) in 1996 produced a sharp decrease in AIDS incidence and mortality [2,3], while harm reduction and other public health programmes resulted in less drug injection [4-6]. As a result, the number of new HIV diagnoses in PWID decreased, and sexual transmission emerged as the most common transmission category in the country, in particular among men who have sex with men (MSM). Meanwhile, people born abroad, whose presence was barely registered in the Spanish HIV epidemic before 2000, came to play an important part in it [7], as a consequence of the influx of foreign-born persons, whose proportion in the Spanish population increased from 2.9% in 1998 to 14.3% in 2012 [8]. Of all foreigners living in Spain in 2012, 40.8% had been born in other European countries, 36.4% in Latin America, 12.6% in northern Africa and 3.7% in Sub-Saharan Africa [8].

As the benefits of HAART became obvious, early diagnosis and treatment of HIV infection became a priority in Spain, reflected in the national multi-annual strategic plans on HIV/AIDS [9]. Anyone can be tested for HIV free of charge in primary care centres and other public facilities, and private laboratories also perform the

test; free-of-charge antenatal care, including HIV testing, is offered to all pregnant women. Nevertheless, actions aiming at reducing late presentation have increased, especially since 2005: these include information campaigns, opening of HIV counselling and testing (HCT) community centres, and the introduction of rapid tests in community programmes, health centres and pharmacies.

In the framework of second generation surveillance for HIV [10], the systematic collection of prevalence data in key populations is recommended for countries with concentrated epidemics, such as Spain. To this end, in 1999, the so-called EPI-VIH Study was initiated in 10 clinics (EPI-VIH Network) specialising in sexually transmitted infections (STI) or HCT. What distinguish these clinics from other public health facilities offering testing is that they are low-threshold, highly accessible centres that traditionally have attended most-at-risk populations for HIV and other STI. Analysis of retrospective and prospective data collected in the network documented a decrease in HIV prevalence from 1992 to 2002 in all most-at-risk populations, including PWID, MSM, female sex workers (FSW) and high-risk heterosexual individuals (i.e. those with a history of risk behaviours for HIV infection) [11,12].

From 2000, 10 more clinics joined the EPI-VIH Network and the EPI-VIH Study was expanded. The aim of the new project was to prospectively collect and analyse data on the following: (i) the number of HIV tests carried out in the EPI-VIH Network and characteristics of people requesting testing; (ii) HIV prevalence in most-at-risk populations attending the network clinics; and (iii) HIV incidence among all people attending the network clinics. Yearly publications describing both people tested and prevalence results [13], as well as some preliminary incidence analyses from the network [14], have provided useful insight into the HIV situation in Spain and have been used to define health policy.

The objective of this paper is to describe trends in HIV testing, HIV prevalence among first-time testers, and HIV incidence in most-at-risk populations attending the EPI-VIH Network clinics in a 10-year period, from 2000 to 2009.

Methods

The EPI-VIH Network

From 2000 to 2009, the EPI-VIH Network comprised 20 STI/HCT clinics located in Spain's most populated cities: Madrid (two clinics), Barcelona, Seville, Bilbao, Granada, Oviedo, Gijón, San Sebastián, Vitoria, Logroño, Pamplona, Cartagena, Murcia, Málaga, Alicante, Castellón, Valencia, Santa Cruz de Tenerife and Santander. These are public, low-threshold facilities, operating free of charge, where every effort is made to maximise accessibility for most-at-risk populations. Of the 20 clinics, 13 are regular STI clinics, which offer HCT, while the remaining seven specialise in HCT. All clinics work on demand (i.e. people attending the clinic do not need to be referred by healthcare staff), no incentives are offered, and there are no differences between STI and HCT clinics regarding the provision of HIV-related services or the referral of newly diagnosed patients; nevertheless, HCT clinics were created specifically to perform HIV testing and tend to receive clients at higher risk for HIV.

Participation in the EPI-VIH Study is voluntary but, to our knowledge, all specialised STI/HCT clinics in Spain are included in the EPI-VIH Network.

HIV testing practices

All HIV tests performed in the EPI-VIH Network during the study period were analysed. The testing included pre- and post-test counselling and was performed using an enzyme-linked immunosorbent assay (ELISA) followed by a western blot to confirm positive results. For each test, people undergoing testing were classified according to whether this was the first time they had ever been tested in one of the network's clinics (first-time tester) or whether they had previously been tested in the same clinic (repeat tester). Anamnestic information about previous tests was not collected because for the incidence analysis (described below), the exact date of all tests performed had to be

documented. Linkage between tests performed in different clinics was not feasible. Epidemiological information (age, sex, country of birth, date of testing, test result, status as first-time/repeat tester, and probable HIV transmission category) of the person being tested was collected through use of a questionnaire by the attending physician.

Data were collected in the context of HIV sentinel surveillance and the database was registered in the Spanish Data Protection Agency (Registry number 2080910068). No personal identifiers were collected.

Study population

All participants meeting the definition of first-time testers during the study period were included in the prevalence analysis (Figure 1A).

To estimate HIV incidence, an open cohort of people tested two or more times for HIV at one of the clinics belonging to the EPI-VIH Network between 1 January 2000 and 31 December 2009 was identified. People were eligible to enter the cohort if they met the following three criteria: (i) a documented negative result in the first HIV test performed during the study period at one of the network's clinics; (ii) at least one additional documented HIV test in the same clinic; and (iii) less than three years between their last two documented HIV tests (Figure 1B). The three-year time frame was chosen to identify true incident cases and to improve the estimates' precision.

New HIV diagnosis was defined according to the European case definition [15]. All FSW in our study had sex only with men whereas male sex workers fell into two categories: those who had sex with men (MSM sex workers) and those who had intercourse only with women. Since the latter were very few ($n=242$) and their HIV prevalence did not differ from that of other heterosexual men, it was decided to classify them as heterosexual men for all analyses.

Statistical analyses

We calculated the number of tests performed for first-time and repeat testers each year, stratified by type of most-at-risk populations, as well as the distribution of study participants by the variables of interest. Chi-squared tests were used to compare categorical variables.

HIV prevalence and its 95% confidence interval (CI) was calculated overall and stratified by different variables. A new HIV diagnosis for the prevalence analysis was classified as HIV prevalent when the person tested met the definition of first-time tester.

Only patients meeting the criteria for inclusion in the above-mentioned open cohort were included in the incidence analysis. Incidence rates (IR) and their 95% CIs were calculated overall and stratified by different variables, assuming a Poisson distribution. Although

TABLE 1

Characteristics of people undergoing HIV testing, by category of transmission, EPI-VIH Study, Spain, 2000–09 (n=165,745)

Variable	Transmission category						Total Number (%)
	PWID	MSM	Heterosexual men and women	Female sex workers	MSM sex workers	Unknown	
	Number (%)	Number (%)	Number (%)	Number (%)	Number (%)	Number (%)	
Sex							
Male	3,378 (76.2)	29,528 (99.6)	53,548 (55.9)	NA	954 (72.5)	3,624 (56.8)	91,032 (54.9)
Female	1,051 (23.7)	NA	42,196 (44.1)	28,210 (100.0)	NA	2,702 (42.4)	74,159 (44.7)
Transgender women	2 (0.0)	113 (0.4)	1 (0.0)	0 (0.0)	362 (27.5)	51 (0.8)	529 (0.3)
Unknown	2 (0.0)	3 (0.0)	9 (0.0)	8 (0.0)	0 (0.0)	3 (0.0)	25 (0.0)
Age group (years)							
<20	68 (1.5)	1,283 (4.3)	4,460 (4.7)	1,280 (4.5)	56 (4.3)	570 (8.9)	7,717 (4.7)
20–24	478 (10.8)	5,969 (20.1)	21,347 (22.3)	8,164 (28.9)	411 (31.2)	1,181 (18.5)	37,550 (22.7)
25–29	936 (21.1)	7,170 (24.2)	25,245 (26.4)	7,959 (28.2)	391 (29.7)	1,492 (23.4)	43,193 (26.1)
30–34	1,130 (25.5)	6,012 (20.3)	17,948 (18.7)	5,236 (18.6)	222 (16.9)	1,145 (17.9)	31,693 (19.1)
35–39	987 (22.3)	4,320 (14.6)	10,935 (11.4)	3,097 (11.0)	123 (9.3)	848 (13.3)	20,310 (12.3)
40–44	592 (13.4)	2,413 (8.1)	6,718 (7.0)	1,612 (5.7)	68 (5.2)	506 (7.9)	11,909 (7.2)
45–49	183 (4.1)	1,164 (3.9)	4,132 (4.3)	590 (2.1)	24 (1.8)	278 (4.4)	6,371 (3.8)
≥50	59 (1.3)	1,313 (4.4)	4,969 (5.2)	280 (1.0)	21 (1.6)	360 (5.6)	7,002 (4.2)
Region of birth							
Spain	3,331 (75.1)	23,612 (79.7)	70,351 (73.5)	2,147 (7.6)	258 (19.6)	4,486 (70.3)	104,185 (62.9)
Western ^a /eastern Europe	465 (10.5)	1,417 (4.8)	6,847 (7.2)	3,189 (11.3)	100 (7.6)	355 (5.6)	12,373 (7.5)
Latin America	128 (2.9)	3,440 (11.6)	11,310 (11.8)	19,589 (69.4)	910 (69.1)	559 (8.8)	35,936 (21.7)
Sub-Saharan/North Africa	60 (1.4)	145 (0.5)	4,046 (4.2)	2,427 (8.6)	19 (1.4)	408 (6.4)	7,105 (4.3)
Other	16 (0.4)	326 (1.1)	1,080 (1.1)	160 (0.6)	6 (0.5)	46 (0.7)	1,634 (1.0)
Unknown	433 (9.8)	704 (2.4)	2,120 (2.2)	706 (2.5)	23 (1.7)	526 (8.2)	4,512 (2.7)
Year							
2000	1,078 (24.3)	2,924 (9.9)	7,418 (7.7)	3,662 (13.0)	101 (7.7)	765 (12.0)	15,948 (9.6)
2001	711 (16.0)	2,547 (8.6)	7,947 (8.3)	3,239 (11.5)	89 (6.8)	631 (9.9)	15,164 (9.1)
2002	564 (12.7)	2,458 (8.3)	8,512 (8.9)	3,537 (12.5)	122 (9.3)	597 (9.4)	15,790 (9.5)
2003	495 (11.2)	2,603 (8.8)	8,769 (9.2)	3,050 (10.8)	133 (10.1)	454 (7.1)	15,504 (9.4)
2004	419 (9.5)	2,916 (9.8)	9,607 (10.0)	2,944 (10.4)	142 (10.8)	577 (9.0)	16,605 (10.0)
2005	333 (7.5)	2,834 (9.6)	9,802 (10.2)	2,586 (9.2)	151 (11.5)	618 (9.7)	16,324 (9.8)
2006	253 (5.7)	3,202 (10.8)	10,090 (10.5)	2,559 (9.1)	123 (9.3)	702 (11.0)	16,929 (10.2)
2007	215 (4.8)	3,365 (11.4)	10,646 (11.1)	2,587 (9.2)	148 (11.2)	673 (10.5)	17,634 (10.6)
2008	207 (4.7)	3,578 (12.1)	11,650 (12.2)	2,269 (8.0)	187 (14.2)	697 (10.9)	18,588 (11.2)
2009	158 (3.6)	3,217 (10.9)	11,313 (11.8)	1,785 (6.3)	120 (9.1)	666 (10.4)	17,259 (10.4)
HCT/STI clinic location^b							
Northern Spain	520 (11.7)	3,576 (12.1)	21,435 (22.4)	8,147 (28.9)	166 (12.6)	808 (12.7)	34,652 (20.9)
Southern Spain	223 (5.0)	4,494 (15.2)	20,125 (21.0)	2,948 (10.4)	91 (6.9)	1,103 (17.3)	28,984 (17.5)
Eastern Spain	2,799 (63.1)	8,992 (30.3)	29,586 (30.9)	6,757 (23.9)	550 (41.8)	3,151 (49.4)	51,835 (31.3)
Central Spain	686 (15.5)	11,288 (38.1)	19,078 (19.9)	9,375 (33.2)	456 (34.7)	767 (12.0)	41,650 (25.1)
Canary Islands	205 (4.6)	1,294 (4.4)	5,530 (5.8)	991 (3.5)	53 (4.0)	551 (8.6)	8,624 (5.2)
Total	4,433 (100)	29,644 (100)	95,754 (100)	28,218 (100)	1,316 (100)	6,380 (100)	165,745 (100)

HCT: HIV counselling and testing; MSM: men who have sex with men; NA: not applicable; PWID: people who inject drugs; STI: sexually transmitted infections.

^a Excluding Spain.

^b Northern Spain: Oviedo, Gijón, Santander, Navarre, Vitoria, Bilbao, Guipuzcoa and La Rioja. Southern Spain: Granada, Málaga and Seville. Eastern Spain: Castellón, Alicante, Valencia, Barcelona, Murcia and Cartagena. Central Spain: Madrid-Sandoval and Madrid-Ayuntamiento. Canary Islands: Tenerife.

personal identifiers were not used in the study, linkage of different tests performed for the same person in the same clinic was possible through the use of a unique identifying number: this allowed the identification of seroconverters and the calculation of person-years (py) of exposure in the incidence analysis. A new HIV diagnosis for the incidence analysis was classified as HIV incident (seroconverter) if the person tested was eligible to enter the open cohort and their HIV test changed from negative to positive, i.e. they were positive in their last visit to one of the network's clinics having been HIV negative in their previous visit to the same clinic. Seroconversion was assumed to have taken place at the midpoint between the first HIV-positive visit and the last previous HIV-negative visit. To calculate py of exposure, non-seroconverters contributed the time elapsing between their first and last HIV tests during the study period, while seroconverters contributed the time elapsing between their first HIV test and the estimated date of seroconversion. For annual estimates of HIV incidence, we allocated each person's py to the years that they contributed.

To evaluate trends in the number of tests, HIV prevalence and incidence, joinpoint regression models were fitted [16]. Statistical significance was considered at a p-value <0.05. All statistical analyses were performed using Stata statistical software (release 11.1, College Station, TX, United States, 2009).

Results

From 2000 to 2009, a total of 236,939 HIV tests were carried out in the EPI-VIH Network for 165,745 individuals (Table 1). Of these, 117,465 were tested for the first time ever in one of the network's clinics during the study period (3,599 with a positive result) and never came back, i.e. they were tested only once; 27,872 were first-time testers at some time between 2000 and 2009: the result of the first test was negative and later they underwent testing again, thus becoming repeat testers; and 20,408 were tested for the first time before the study period with a negative result and were retested again during the study period (these persons were always considered repeat testers). People who were tested once were eligible only for the prevalence analysis; those tested before 2000 were eligible for the incidence analysis if they met the criteria to enter the open cohort. The remaining 27,872 were included in the HIV prevalence analysis the first time they were tested during the study period, and also in the HIV incidence analysis if, later on, they met the criteria to enter the open cohort (Figure 1A and 1B).

In total, 145,337 individuals met the definition of first-time tester during the study period and were eligible for the prevalence analysis, of whom 3,599 tested positive (Figure 1A).

There were initially 48,280 HIV-negative repeat-testers potentially eligible to enter the open cohort: the 27,872 and 20,408 mentioned above. Of the latter, 13,253 had

only one HIV test during the study period and therefore were excluded from the open cohort. Of the remaining 35,027 HIV-negative individuals with two or more HIV tests during the study period, 4,348 were excluded because more than three years had passed between their last two tests, leaving 30,679 HIV-negative subjects eligible for the cohort. Over the study period, they totalled 64,104.2 py of follow-up and 642 seroconverters were identified among them (Figure 1B).

HIV tests

The 236,939 tests took place in the following years: 17,402 (7.3%) in 2000, 19,436 (8.2%) in 2001, 22,244 (9.4%) in 2002, 22,389 (9.4%) in 2003, 24,395 (10.3%) in 2004, 24,639 (10.4%) in 2005, 25,723 (10.9%) in 2006, 26,502 (11.2%) in 2007, 27,797 (11.7%) in 2008 and 26,412 (11.1%) in 2009.

Of the total tests, 145,337 (61.3%) were carried out in first-time testers and 91,596 (38.7%) in repeat testers; in six instances, no information was available. Over the study period, the annual number of tests increased significantly ($p < 0.05$) among both first-time and repeat testers: in first-time testers, the increase was 44.7%, from 11,084 tests performed in 2000 to 16,035 in 2009; in repeat-testers, the increase was 64.2%, from 6,318 in 2000 to 10,377 in 2009.

First-time testers differed from repeat testers most notably by transmission category. The majority, 87,120 (59.9%), of first-time testers were heterosexual individuals (men and women), 24,600 (16.9%) were FSW, 24,099 (16.6%) MSM, 3,182 (2.2%) PWID, 1,222 (0.8%) MSM sex workers and 5,114 (3.5%) unknown. Among repeat testers, 28,792 (31.4%) were FSW, 26,817 (29.3%) MSM, 27,129 (29.6%) heterosexual individuals, 3,369 (3.7%) PWID, 1,258 (1.4%) MSM sex workers and 4,231 (4.6%) unknown.

The number of tests significantly increased from 2000 to 2009 in first-time and repeat testers in all most-at-risk populations except PWID and FSW. In first-time testers, the number of tests increased in MSM from 1,483 to 2,943 ($p < 0.05$), in heterosexual individuals from 5,848 to 10,723 ($p < 0.05$) and in MSM sex workers from 63 to 113 ($p < 0.05$). In PWID, it decreased from 630 to 130 ($p < 0.05$) and from 2,432 to 1,592 ($p < 0.05$) in FSW. In repeat testers, the number of tests increased in MSM from 1,760 to 3,555 ($p < 0.05$), in heterosexual individuals from 1,927 to 3,425 ($p < 0.05$) and in MSM sex workers from 71 to 151 ($p < 0.05$). The number decreased in PWID from 561 to 225 ($p < 0.05$). Among FSW, the number of tests increased from 1,811 to 3,394 ($p < 0.05$) from 2000 to 2005 and decreased afterwards, to 2,319 in 2009 ($p < 0.05$).

In about four of 10 tests, the person tested was born outside Spain (52,358/145,337 (36.0%) of tests in first-time testers vs 36,380/91,596 (39.7%) in repeat testers). In first-time testers, the proportion of foreigners increased during 2000 to 2002, from 2,993/8,594

TABLE 2

HIV prevalence in people undergoing HIV testing, by different variables, EPI-VIH Study, Spain, 2000–09 (n=145,337)

Variables	Prevalence (%) by year of diagnosis										Total n=145,337 % (95% CI)
	2000 n=11,084	2001 n=12,466	2002 n=13,559	2003 n=13,647	2004 n=14,937	2005 n=14,895	2006 n=15,366	2007 n=16,160	2008 n=17,188	2009 n=16,035	
Sex											
Male	4.5	3.4	3.4	3.4	3.2	4.0	3.3	3.1	3.8	3.8	3.6 (3.4 to 3.7)
Female	1.5	1.5	0.9	1.2	1.2	0.9	0.8	0.8	0.9	0.6	1.0 (1.0 to 1.1)
Transgender women	0.0	18.8	33.3	20.0	20.5	29.7	25.0	26.6	26.5	22.0	24.5 (20.4 to 29.0)
Age group (years)											
<20	0.8	0.8	0.7	1.0	1.5	0.5	0.6	1.6	1.6	0.8	1.0 (0.8 to 1.3)
20–24	1.7	1.5	1.2	1.4	1.5	1.9	1.2	1.4	2.1	1.9	1.6 (1.5 to 1.7)
25–29	2.6	1.5	2.0	2.4	1.8	1.9	2.4	2.5	2.7	2.7	2.2 (2.1 to 2.4)
30–34	4.3	3.4	3.4	3.0	2.6	3.9	2.2	2.4	2.8	2.9	3.0 (2.8 to 3.2)
35–39	5.9	4.7	3.4	4.8	4.0	3.7	3.8	2.7	2.6	3.0	3.7 (3.5 to 4.0)
40–44	3.6	4.7	3.6	2.7	4.1	4.1	3.8	2.9	3.6	3.5	3.7 (3.3 to 4.0)
45–49	2.9	2.2	1.6	2.6	2.8	3.0	3.1	2.5	4.6	4.4	3.1 (2.7 to 3.6)
≥50	4.2	4.1	1.6	1.0	2.1	2.6	2.0	2.4	3.4	2.2	2.5 (2.1 to 2.9)
Region of birth											
Spain	3.0	2.6	2.0	2.2	2.1	2.3	1.8	1.9	2.3	2.4	2.2 (2.1 to 2.3)
Western Europe ^a	3.4	3.4	1.7	3.0	2.5	3.2	2.1	1.3	2.1	1.9	2.3 (2.0 to 2.8)
Eastern Europe	1.1	1.5	3.0	1.6	1.1	1.7	2.0	1.5	2.5	1.6	1.8 (1.4 to 2.1)
Latin America	1.5	2.0	2.1	2.2	2.5	3.5	3.4	3.2	3.9	3.3	2.8 (2.6 to 3.0)
Sub-Saharan Africa	5.4	5.4	5.8	6.8	6.9	6.9	3.0	4.9	3.8	4.7	5.3 (4.7 to 6.0)
North Africa	0.9	2.3	3.6	3.8	2.6	3.1	3.0	1.8	0.9	2.7	2.5 (1.9 to 3.3)
Type of clinic											
HCT	5.4	3.7	3.0	2.9	3.0	2.7	2.8	3.4	2.8	3.2	3.2 (3.0 to 3.5)
STI	2.5	2.2	2.1	2.3	2.2	2.6	2.1	2.0	2.7	2.5	2.3 (2.2 to 2.4)
Total	3.0	2.5	2.2	2.4	2.3	2.7	2.2	2.2	2.7	2.6	2.5 (2.4 to 2.6)

CI: confidence interval; HCT: HIV counselling and testing; STI: sexually transmitted infections.

^a Excluding Spain.

(34.8%) to 5,612/13,558 (41.4%), decreasing thereafter to 5,420/16,035 (33.8%) in 2009 (statistically significant trend with a turning point in 2002, $p < 0.05$). The proportion of foreigners among people testing several times followed a similar pattern, but the trend was not statistically significant. Latin America was the most common region of birth among foreigners (60,526 (25.5%) of the total number of tests), followed by eastern Europe (9,430 (4%)).

HIV prevalence

In total, 145,337 persons, of whom 3,599 were HIV-positive, were tested for the first time ever in one of the network's clinics during the study period (Figure 1A). Of the 3,599 found to be positive, 1,484 (41.2%) were born outside Spain, with the proportion ranging from 15.6% (84/540) among PWID to 90.7% (195/215) among MSM sex workers.

The overall HIV prevalence during the study period in these first-time testers was 2.5% (95% CI: 2.4–2.6) and

was higher in HCT than in STI clinics (3.2% (95% CI: 3.0 to 3.5) vs 2.3% (95% CI: 2.2 to 2.4)). HIV prevalence was highest in transgender women (24.5% (95% CI: 20.4 to 29.0)), and increased with age until it reached a peak of 3.7% (95% CI: 3.5 to 4.0) in the age group 35–39 years (Table 2). These differences in prevalence were statistically significant.

Very high HIV prevalence estimates throughout the study period were found among MSM sex workers (19.0%; range: 10.5–24.5) and PWID (17.0%; range: 13.3–21.2), although in both groups, yearly estimates were rather unstable because the number of MSM sex workers was small and the number of PWID decreased over the study period. Among MSM, HIV prevalence during the study was 7.6%, ranging from 6.4% in 2001 to 9.4% in 2009. Prevalence was much lower in heterosexual individuals (0.9%; range: 0.7–1.1) and FSW (0.8%; range: 0.5–1.2). There were no differences by sex in HIV prevalence among heterosexual individuals, therefore combined estimates are presented. Joinpoint

models fit to evaluate trends in HIV prevalence by transmission category showed a decreasing trend in heterosexual individuals and an increasing trend in MSM (Figure 2).

Foreign-born participants had a higher HIV prevalence during the study period than did those who were Spanish born (2.9% (95% CI: 2.7 to 3.0) vs 2.2% (95% CI: 2.1 to 2.3), $p < 0.05$) and the same was true for each region of birth except eastern Europe. An increasing trend in HIV prevalence was observed among Latin American-born participants ($p < 0.05$) (Table 2).

HIV incidence

In all, 30,679 individuals entered the open cohort, totalling 64,104.2 py of follow-up and 642 seroconverters. The majority of eligible persons 17,288 (56.3%), tested only twice during the study period, 6,068 (19.8%) tested three times and 7,323 (23.9%) tested more than three times; the corresponding figures among seroconverters were 289 (45.0%), 136 (21.2%) and 217 (33.8%). The median time between tests was 9.3 months (interquartile range: 5.9–15.7) for the overall cohort and 10.6 months for seroconverters (interquartile range: 6.3–17.6).

The overall HIV IR for the study period was 1.0 seroconversions/100 py (95% CI: 0.9/100 to 1.1/100), with no statistically significant differences by type of clinic. The IR was highest in the country's biggest cities, Madrid, Barcelona, Valencia and Seville (1.5/100 py (95% CI: 1.4 to 1.7), 1.1/100py (95% CI: 0.8 to 1.5), 1.2/100py (95% CI: 0.9 to 1.4) and 1.0/100 py (95% CI: 0.8 to 1.3) respectively), although Bilbao, which has about the same population as Valencia or Seville, had a much lower IR (0.4/100 py (95% CI: 0.3 to 0.7)). In general, centres located in northern Spain had lower seroconversion rates than those located in the eastern and southern parts of the country. Men and transgender females had higher IR than women (1.8/100 py (95% CI: 1.6 to 1.9), 1.2/100 py (95% CI: 0.5 to 2.8) and 0.1/100 py (95% CI: 0.09 to 0.2) respectively). With respect to age, the peak IR was found in people younger than 20 years, but the sample size was small, with a wide 95% CI. The next highest IR was in the 35–39 year age group (1.2/100 py; 95% CI: 1.0 to 1.5). Spanish-born participants as well as those born elsewhere in Europe had higher seroconversion rates than people born outside Europe (Table 3).

Results by transmission category showed that the highest IR was among MSM sex workers (3.0/100 py), although the 95% CI was quite wide (2.2 to 4.1), followed by MSM who were not sex workers and PWID (2.5/100 py (95% CI: 2.3 to 2.7) and 1.6/100 py (95% CI: 1.1 to 2.2) respectively). Since there were no differences in HIV incidence between male and female heterosexual individuals, combined estimates are presented (Table 3).

Joinpoint models fit to evaluate trends in incidence showed a statistically significant increase in overall HIV incidence over the study period, but stratification by transmission category showed that the increasing trend was present only among MSM (Figure 3).

Discussion

During the study period, the number of HIV tests increased in MSM, heterosexuals and MSM sex workers but not among PWID and FSW. HIV prevalence decreased in heterosexual individuals and increased in MSM, remaining stable in the other transmission categories. HIV incidence was highest among MSM sex workers and showed an increasing trend in MSM. The study provides seroconversion estimates among migrants after their arrival in Spain.

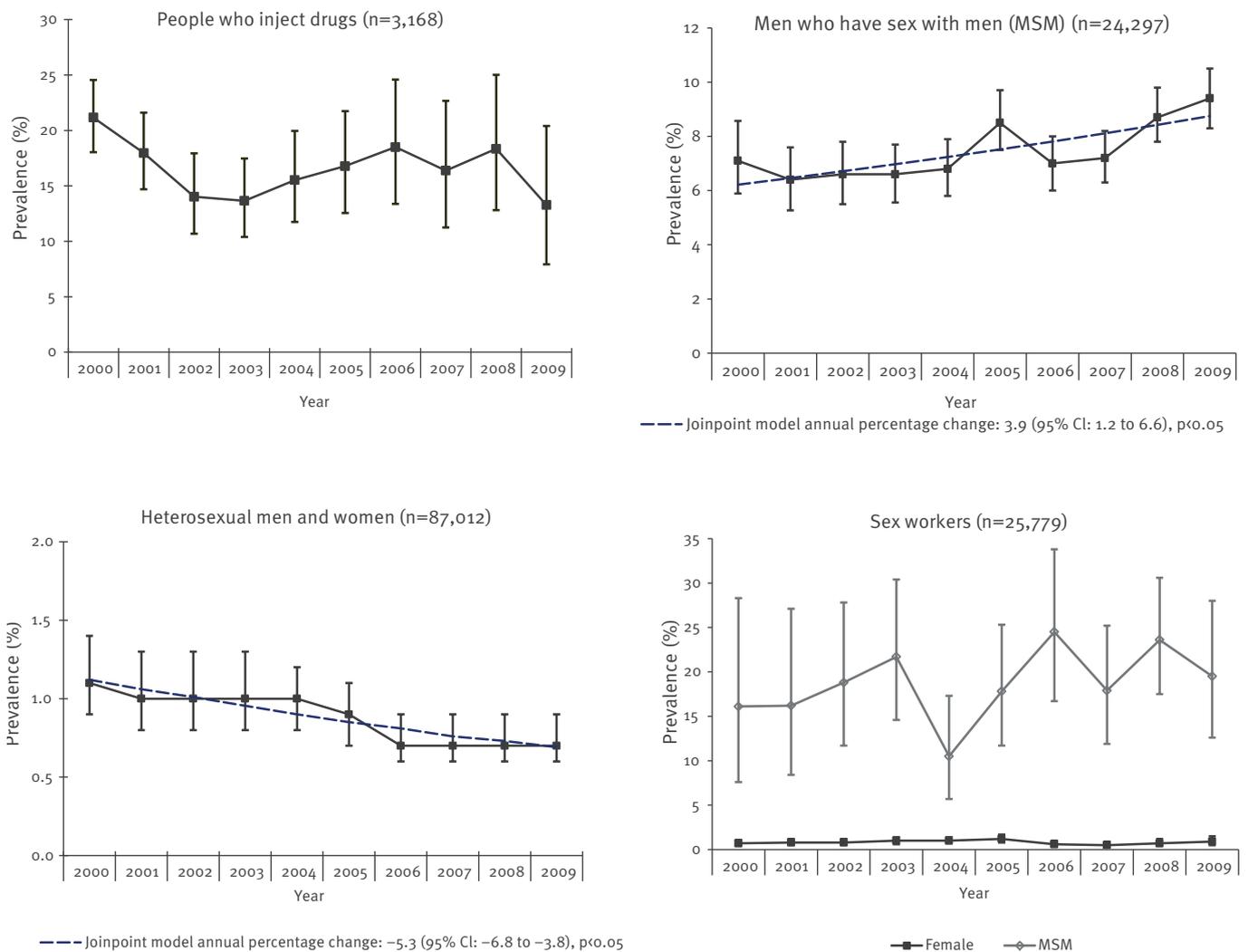
Early HIV diagnosis and treatment is a policy priority in Spain [9] and the total number of HIV tests performed increased from 24.8 per 1,000 inhabitants in 2002 to 38.2 per 1,000 in 2009 [17]. Our results suggest that the increase in testing is not uniform across most-at-risk populations and that testing might actually be decreasing in some groups. The reduced number of tests among PWID seems logical because the PWID population is rapidly decreasing [6], but the decrease observed among FSW warrants further investigation. There are some data on the size of the FSW population in Spain [18] but none on its trend, although a decrease in the number of FSW that might explain the decrease in testing in this group seems unlikely. A change in the testing facilities preferred by FSW seems equally unlikely, because the clinics in the network are free of charge, highly accessible and have a long tradition of caring for this population. A more likely explanation is worsening access to these clinics in the network due to the increased proportion of foreign FSW – from 46% in 1998 [19] to 93% in 2009 (our study) – and the shift in the working environment from outdoors to indoors (i.e. apartments or clubs), a tendency noted throughout Europe, which makes sex workers less accessible to intervention measures [20]. The lack of HIV prevalence data among FSW working only indoors in Spain warrants further investigation.

Decreasing trends in HIV prevalence among all most-at-risk populations were reported from 1992 to 2001 in the 10 centres that initially comprised the network [11,12]. Data from the expanded network show that from 2000 to 2009, HIV prevalence remained stable among PWID and male and female sex workers, and increased in MSM, whereas it continued to decrease only in heterosexual individuals. This last group has increased the most in size; thus, declining HIV prevalence could also be a result of testing more people at lower risk.

HIV prevalence in transgender women was higher than that found previously in other Spanish studies [21,22]. In comparison with other countries, our figure (24.5%) is higher than the 21.7% reported in the United States and the same as the 24.5% found in Italy according to

FIGURE 2

HIV prevalence by year of diagnosis and transmission category, EPI-VIH Study, Spain, 2000–09 (n=145,337)



Bars represent 95% confidence intervals (CIs).

a meta-analysis of studies published from 2000 to 2011 [23]. The situation of MSM sex workers is of particular concern since they present the highest HIV prevalence and incidence estimates, in clear contrast to the situation in FSW. As there is a dearth of recent studies on MSM sex workers in Spain [21,24], more information is needed on the reasons explaining this situation. The high proportion of foreigners, use of illegal drugs and the particular stigma associated with male sex work could all be important factors, together with the high background HIV prevalence in MSM.

HIV prevalence among MSM attending clinics in the network (7.6%) was higher than that found in MSM in a community centre in Barcelona (5.4%) between 2007 and 2012 [25] but lower than figures for MSM reported in studies carried out in Barcelona in 2002 (18.3%), Bangkok, Thailand, in 2007 (30.8%) or 21 cities in the United States in 2008 (19%) [26-28]; nevertheless the downward trend previously observed in MSM in Spain

[12] has been reversed, which is not surprising given our findings that HIV incidence is also on the rise in MSM. The overall IR for MSM in our study (2.5/100 py) was lower than that found among American or Italian MSM in the 1990s (2.8/100 py and 4.6/100 py respectively) [29,30] or that estimated in Bangkok during 2003 to 2007 (from 4.1 to 7.7%) [27], but higher than figures reported in London, England, in 1997 to 1998 (1.8/100 py) or Catalonia, Spain, during 1995 to 2001 (1.92/100 py) [31,32].

HIV prevalence among PWID in this study was a third to a half of what it was in the 1980s and 90s in Spain [11,33], although the overall prevalence was very high (17%), only lower than that found among MSM sex workers. During the study period, these figures remained stable. Compared with other studies, the HIV prevalence was lower than the 26.9% self-reported HIV infection among PWID entering drug treatment in 2009 in Spain [34] and similar to the 17.2% found in

TABLE 3

HIV incidence rate in people undergoing HIV testing, by different variables, EPI-VIH Study, Spain, 2000–09 (n=30,679)

Variable	Number of persons tested	Number of seroconversions	Person-years	Incidence rate ^a (95% CI)
Sex				
Male	15,672	601	34,086.2	1.8 (1.6 to 1.9)
Female	14,840	36	29,588.1	0.1 (0.09 to 0.2)
Transgender women	167	5	429.8	1.2 (0.5 to 2.8)
Age group (years)				
<20	1,193	14	1,051.2	1.3 (0.8 to 2.3)
20–24	6,899	88	9,595.1	0.9 (0.7 to 1.1)
25–29	8,071	163	15,886.3	1.0 (0.9 to 1.2)
30–34	6,304	163	14,737.5	1.1 (1.0 to 1.3)
35–39	4,065	132	10,826.6	1.2 (1.0 to 1.5)
40–44	2,126	50	6,178.0	0.8 (0.6 to 1.1)
45–49	1,015	19	2,974.2	0.6 (0.4 to 1.0)
≥50	1,006	13	2,855.2	0.5 (0.3 to 0.8)
Region of birth				
Spain	15,970	423	33,340.2	1.3 (1.2 to 1.4)
Western ^b /Eastern Europe	1,912	29	3,224.5	0.9 (0.6 to 1.3)
Latin America	9,796	121	19,999.2	0.6 (0.5 to 0.7)
Sub-Saharan/ North Africa	1,132	8	1,901.6	0.4 (0.2 to 0.8)
Other	167	6	250.4	2.4 (1.1 to 5.3)
HIV transmission category				
PWID or ex-PWID	884	32	2,016.1	1.6 (1.1 to 2.2)
MSM	8,492	529	21,181.0	2.5 (2.3 to 2.7)
Heterosexual men and women	10,500	23	17,914.2	0.1 (0.09 to 0.2)
Female sex worker	9,808	16	21,027.9	0.1 (0.05 to 0.1)
MSM sex worker	549	39	1,311.0	3.0 (2.2 to 4.1)
Year				
2000	4,294	20	2,161.9	0.9 (0.6 to 1.4)
2001	3,337	28	4,825.2	0.6 (0.4 to 0.8)
2002	3,566	37	6,378.7	0.6 (0.4 to 0.8)
2003	3,330	55	7,445.2	0.7 (0.6 to 1.0)
2004	3,407	77	8,203.6	0.9 (0.8 to 1.2)
2005	3,133	70	8,510.6	0.8 (0.7 to 1.0)
2006	3,181	87	8,483.1	1.0 (0.8 to 1.3)
2007	3,134	105	8,152.6	1.3 (1.1 to 1.6)
2008	2,410	110	6,848.3	1.6 (1.3 to 1.9)
2009	887	53	3,095.0	1.7 (1.3 to 2.2)
HIV/STI clinic location^c				
Northern Spain	6,341	36	11,819.5	0.3 (0.2 to 0.4)
Southern Spain	3,828	83	8,426.8	1.0 (0.8 to 1.2)
Eastern Spain	9,809	195	20,482.2	0.9 (0.8 to 1.1)
Central Spain	9,321	301	20,787.5	1.4 (1.3 to 1.6)
Canary Islands	1,380	27	2,588.2	1.0 (0.7 to 1.5)
Type of clinic				
HCT	5,056	106	10,764.2	0.9 (0.8 to 1.2)
STI	25,623	536	53,340.0	1.0 (0.9 to 1.1)
Total	30,679	642	64,104.2	1.0 (0.9 to 1.1)

HCT: HIV counselling and testing; MSM: men who have sex with men; PWID: people who inject drugs; STI: sexually transmitted infections.

^a Number of seroconversions per 100 person-years.^b Excluding Spain.^c Northern Spain: Oviedo, Gijón, Santander, Navarre, Vitoria, Bilbao, Guipuzcoa and La Rioja.

Southern Spain: Granada, Málaga and Seville.

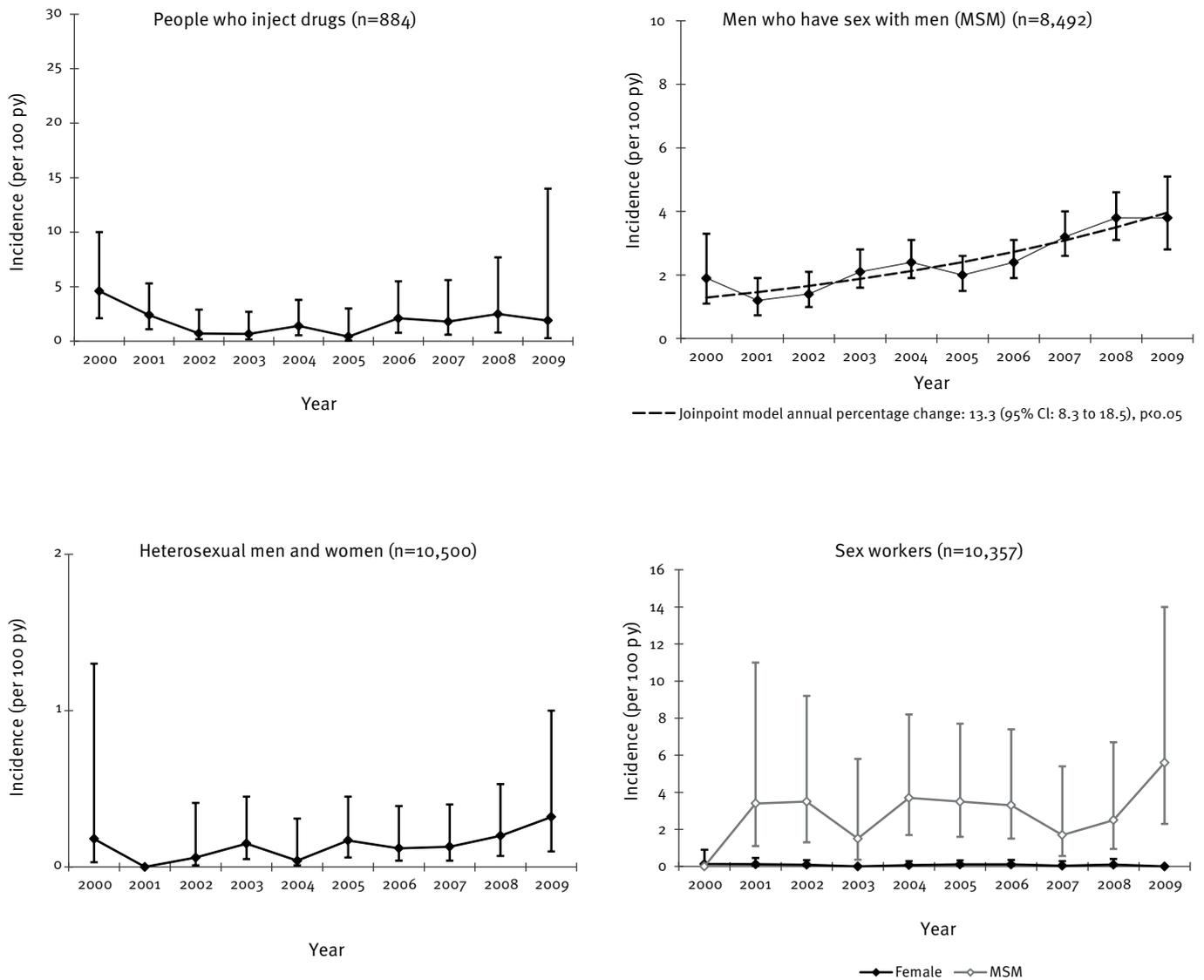
Eastern Spain: Castellón, Alicante, Valencia, Barcelona, Murcia and Cartagena.

Central Spain: Madrid-Sandoval and Madrid-Ayuntamiento.

Canary Islands: Tenerife.

FIGURE 3

HIV incidence rate^a by year of diagnosis and transmission category, EPI-VIH Study, Spain, 2000–09 (n=30,679)



Bars represent 95% confidence intervals (CIs).

^a Number of seroconversions per 100 person-years (p-y).

Portugal in the same setting in 2009, but this was to be expected since PWID attending clinics in the EPI-VIH network are likely to have better social conditions than other PWID in Spain; in any case, these prevalence figures indicate that Spanish PWID are still among the most HIV-infected PWID in the European Union [35]. Surveillance data show that new HIV diagnoses in PWID in Spain have decreased sharply since 2004 [36], as a result of the decrease in the size of the PWID population and decreased HIV transmission after implementation of harm reduction programmes [4,6]; however, our findings show that seroconversion among current injectors, though much less frequent than in the past [37,38], is still very common.

Latin-American migrants have always been present in Spain, but their numbers increased greatly since the mid-1990s, and since 2000 people from other areas have also been attracted to the country [8]. Migration into Spain is therefore a relatively recent phenomenon, so the generally higher HIV prevalence among foreign-born people in our study probably reflects the HIV prevalence in their country of origin, as well as differences in the distribution of HIV transmission categories between those who were Spanish-born and the other groups. However, the diagnostic delay among those newly diagnosed with HIV in Spain is greater among people who are foreign-born [39], in spite of them

being entitled to HIV testing and care free of charge; thus, it is possible that they are experiencing difficulties in accessing HIV testing and care due to discrimination or other barriers.

Our HIV incidence estimates in MSM (2.5/100 py) are fairly similar to those found in MSM in California, United States, from 1997 to 2006 (2.0/100 py in 1997, increased to 2.4/100 py in 2003 and then decreased to 1.9/100 py in 2006) [40], but whereas researchers in California report a decreasing trend there since 2003, the opposite is occurring in our setting. The rising trend in incidence among MSM in our study is consistent with findings from surveillance data in Spain showing an increase in the number of new HIV diagnoses in this group, but not in heterosexual individuals or PWID since 2004 [36]. While part of this increase could be the result of more frequent testing, other sub-populations in our study have a similar trend in testing but not in new HIV diagnoses. Furthermore, other studies in Spain have documented an over-representation of MSM among syphilis and gonorrhoea cases in 2006 [41] as well as outbreaks of lymphogranuloma venereum and hepatitis A in MSM since 2007 [42-45]. Behavioural monitoring in this group has found an increase in risk behaviours [46].

This study has some limitations. People attending the clinics in the EPI-VIH Network are by no means representative of the general Spanish population and the reasons for seeking care in the network are not independent of HIV infection: thus the results cannot be extrapolated to other settings. However, while the estimates presented probably reflect only the experience of the population at greater risk of HIV infection in each transmission category, the clinics have been operating on the same basis for many years, so if selection biases are present, they are unlikely to affect the results on trends. A change in the populations attending the clinics could influence trends, thus multivariate analyses need to be performed to have a better insight into the results. The questionnaires were administered by many individuals, making it difficult to control reproducibility. Testing patterns in the different most-at-risk populations might have evolved over the years in a different way. Finally, for some groups, e.g. transgender individuals, the numbers were very small.

The information obtained with this study shows the changing face of HIV epidemiology in Spain, is of great public health relevance and very useful for adjusting HIV policy to the real needs. In contrast with the 1980s and 90s, when most HIV infections occurred among PWID, MSM have emerged as the population at greatest risk for HIV in Spain and should be given priority in preventive efforts. Nevertheless, although injection of drugs is becoming rare, PWID should not be forgotten since HIV prevalence and incidence in this group remains very high and shows no signs of decreasing.

HIV infection remains a huge problem in transgender women and MSM sex workers that warrants further research in preventive interventions in these groups. With regard to FSW, efforts should be made to guarantee access to HIV testing and prevention, in particular for those working in places not easy to reach. Investigation of the situation of those who are hard to reach is also a priority. In addition, this study illustrates the increasing impact of migrants on the HIV epidemic in Spain; interventions tailored to their needs should therefore be urgently promoted.

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Conflict of interest

None declared.

Authors' contributions

MD was the main study researcher. She supervised field work and data collection, wrote the statistical analysis plan and the first version of the manuscript. MJB performed data collection and management, quality control and statistical analysis, and reviewed all the manuscript drafts. AD prepared the figures and most of the tables and made important contributions to successive versions of the manuscript. JAV, JRO, MAA, MV, CS, LJV, CA, JMU, JT, IP, BM, TP, MV, IS, MLJ, MCL, EM, MMC, JB, FJB and EPI-VIH Study Group: were the clinicians responsible for patient recruitment and follow-up in the participating centres. They all participated in development of the study protocol, collection of epidemiological and clinical data, and critical review of all versions of the manuscript

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